



Emergency first respond course

Training focuses on building confidence in lay rescuers and increasing their willingness to respond when faced with a medical emergency. Course participants learn simple to follow steps for emergency care and practice applying skills in a no stressful-learning environment. Self-study manuals, videos and quick reference cards to enhance learning and allow you start learning right away support all courses. using the latest approved method"

Primary Care (CPR) – This course teaches you the steps and techniques for handling life-threatening emergencies. You'll practice some skills for aiding patients who aren't breathing, have no heartbeat, may have a spinal injury, may be in shock or who may have serious bleeding. You'll learn to how to perform CPR and continue to monitor the patient, so that you provide every possible chance of survival while waiting for emergency medical services to arrive. Secondary Care (First Aid) – Because many medical conditions are not life threatening and emergency medical services are sometimes delayed or unavailable, this course teaches you how to provide first aid that eases pain and reduces the risk of further harm. You'll learn to assess a variety of injuries and illnesses and practice bandaging and splinting. AED & CPR training

teaching participants how to use an AED (automated external defibrillator). When workplace or governmental requirements specify this training, the CPR & AED course meets the need. governmental regulations call for enhanced CPR and first aid training for the workplace. First Aid at Work programs designed for these areas include additional topics and skills to meet requirements while following the easy to learn EFR approach to training. O2 provider course Knowing how and when to use emergency oxygen is a great skill to have and means you're ready to help others should the need arise. Becoming a PADI Emergency Oxygen Provider lets you breathe easy knowing that you can recognize scuba diving illnesses treatable with emergency oxygen, and are prepared to offer aid. There are no prerequisites, age restrictions or water sessions required for this course – it's open to everyone. Scuba divers, snorkelers and anyone who is around divers – boat crew, lifeguards, etc. – will benefit from having this training. You'll learn about dive injuries, different types of emergency oxygen equipment and safety considerations when using oxygen. Then you'll practice: Assembling and disassembling emergency oxygen equipment. Deploying a non-rebreather mask and a demand inhalator valve

Cost 1500qr EFR First Aid + Defebulator & O@ provider ,8 person minimum

Good Luck

Khaled Zaki
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